



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 1</b>	Fundamental Movement Skills	Throwing & Catching	Multi-Skills	Gymnastics- basic shapes & High/Low travelling	Dance- copy and repeat 6 basic actions in sequence	Bat & Ball Skills
<b>Year 2</b>	Dance- add greater control and fluency	Throwing & Catching	Fundamental Movement Skills	Gymnastics- adding transition between levels	Multi-Skills	Bat & Ball Skills
<b>Year 3</b>	Dance- add basic developments e.g. levels/dynamics/pathways  Multi-Skills	Sports-hall Athletics  Hockey (Invasion Games)	Gymnastics- adding pathways, Rolling  Golf (Target Games)	Volleyball (Net/Wall)  Football (Invasion Games)	OAA-orienteeing  Swimming- 25m and different strokes	Athletics (track)  Cricket (Striking and Fielding)
<b>Year 4</b>	Gymnastics- adding partner work  Multi-Skills	Sports-hall Athletics  Netball (Invasion Games)	Dance- add partner work  Paralympic sports (Target Games)	Dodgeball (Invasion Games)  Tag Rugby (Invasion Games)	Athletics (field)  Rounders (Striking and Fielding)	OAA-team building  Tennis (Net/Wall)  + Residential
<b>Year 5</b>	Sports-hall Athletics  Football (Invasion Games)	Gymnastics- add group work, implements and flight/jumping Multi-Skills	Dance- add group work and own sequences Hockey (Invasion Games)	Golf (Target games)  Basketball (Invasion Games)	OAA-orienteeing  Swimming- development of skills and life saving	Athletics (track)  Cricket (Striking and Fielding)
<b>Year 6</b>	Dance- add technical and expressive skills  Multi-Skills	Sports-hall Athletics  Paralympic sports (Target Games)	Gymnastics- add counter balances & tensions  Tag Rugby (Invasion Games)	Dodgeball (Invasion Games)  Netball (Invasion Games)	Athletics (field)  Badminton (Net/Wall)  +top-up swimming	OAA-team building  Rounders (Striking and Fielding)  + Residential



**Gymnastics (Y1-6)**

**Dance (Y1-6)**

**Athletics (Y3-6)**

**Swimming (Y3 (statutory) & Y5)**

**Outdoor Education (Y3-Y6)**

**Games (Y1-6)**

***Net/wall***

Tennis

Badminton

Volleyball

***Striking/fielding***

Cricket

Rounders

***Target games***

Golf

Boccia

Kurling

***Invasion games***

Football

Rugby

Hockey

Netball

Basketball

Dodgeball